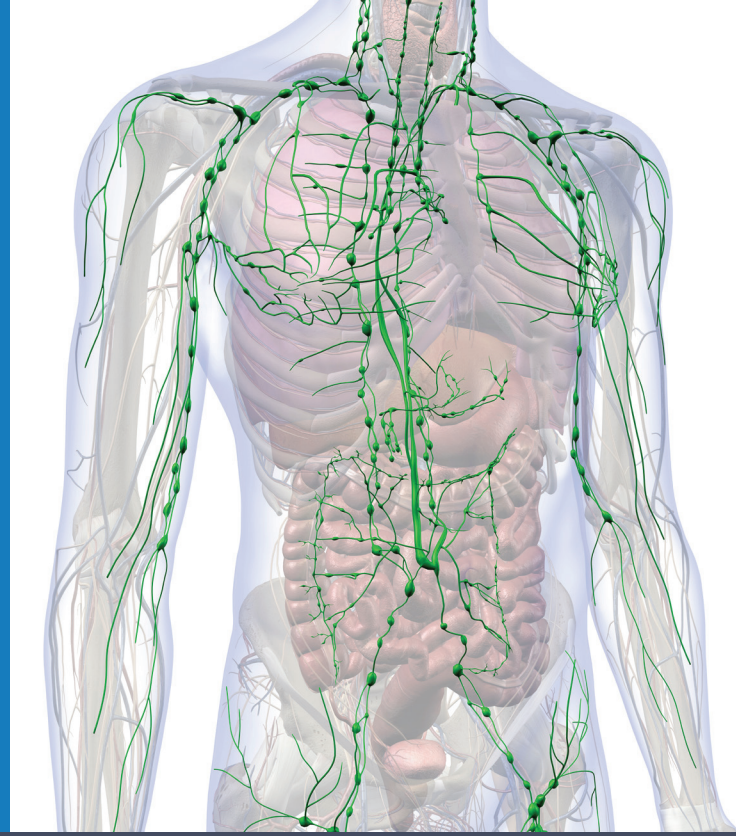




**Lymphoedema Lipoedema
Education Services**

Lymphatic Massage Workshop

Including Head & Neck Workshop



Sunday, 23rd March 2025 - 9.30am to 3.30pm
Holbrook Library Complex, Library Lane, Holbrook NSW 2644

Autoimmune dysfunctions, surgery, cancer diagnosis/ treatment and more, can contribute to changes in the lymphatic system. New findings around Starlings Forces and imaging are changing the way we view the lymphatics and its role in the circulatory and immune system. This workshop will demonstrate the effective use of Lymphatic Massage of the head and neck. Highlighting the pathways and manage scar tissue and/or fibrotic tissue from surgery or radiation therapy. Other areas to be addressed will be hand pressure techniques and the directional lymphatic pathway that leads to better patient outcomes.

Areas to be covered:

- Overview of anatomy of the lymphatic system
- Learn and demonstrate new findings around the lymphatic system and the latest technology and advancements in imagery
- Learn optimal pressure to use and when
- Contraindications
- Learn the difference between oedema, Lymphoedema and Lipoedema

Time will be allocated to practice technique

This workshop is open to all healthcare professionals. Please check with relevant bodies for Professional Development Points.

Registration Fee: \$250

Bookings required 10 days prior to event unless sold out



Susan Butcher

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